



OPEN HOUSE

January 19, 2017

5:00pm – 8:30pm

SCHEDULE OF EVENTS:

5:30pm – 6:00pm

Sound Bath Healing with Philipp Manser

6:00pm – 6:30pm

The 6 Health Secrets to Peak Performance
Sarah Murphy, ND & Jonci Jensen, ND

6:30pm – 7:00pm

Tai Chi with Matthew Cohen

7:00pm – 7:30pm

Harmonizing Emotions with QiGong
Abbey Seiden

7:30pm – 8:30pm

Brazilian Samba Dance Class
Ana

RAFFLE ITEMS:

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|----------|---|--|----------------------|
| 3 | x | \$100 Gift Cards to apply to Vitamin B shots/Naturopathic services | Sarah Murphy, ND |
| 2 | x | \$100 Gift Cards to apply to Naturopathic services | Jonci Jensen, ND |
| 8 | x | Yoga Classes- 1 hour "Yoga for You" class | Phillipp Manser |
| 4 | x | Massages- 30 minute massage therapy session | Ilona Grigoleit, CMT |
| 1 | x | QiGong Class- Harmonizing Emotions with QiGong class | Abbey Seiden, CMT |
| 1 | x | Eyelash Extension- One natural fullset of Xtremelash | Gia Kenyatta |
| 3 | x | Organic Facials- 60 minute custom organic facial | Susan Valdez-Cohen |
| 1 | x | Reiki Treatment- 60 minute Reiki treatment session | Thea Nathan |
| 5 | x | Yoga Classes- 1 hour Hatha yoga class | Nadege Lubrano |